

2015 Texas House Resolution No. 257, Texas Eighty-Fourth Legislature
By: Naishtat

TITLE: Recognizing February 3, 2015 as Music Therapy Day in Texas.

SUMMARY: Recognizing February 3, 2015 as Music Therapy Day in Texas

RESOLUTION

WHEREAS, The practice of music therapy has been effectively used to promote healing and enhance the physical, mental, and emotional well-being of countless individuals; and

WHEREAS, A clinical, evidence-based discipline, music therapy is defined as the application of music by an ac- credited professional for the purpose of achieving therapeutic goals; music therapy is used to treat persons of all ages and abilities in a variety of settings, and it is shown to be a safe and cost-effective method of health care due to its capacity to address multiple patient concerns without the need for medication; and

WHEREAS, Research has found music therapy to be successful in helping patients with Alzheimer's disease to improve their cognitive functioning, children with autism to better communicate, and victims of stroke to regain their speech and mobility; moreover, music intervention has been a valuable tool for many clients in controlling chronic pain and managing anxiety and depression; and

WHEREAS, More than 40,000 Texans receive services from music therapists each year; certified practitioners must complete a degree in music therapy at a college or university approved by the American Music Therapy Association and are credentialed by the Certification Board for Music Therapists; and

WHEREAS, Degrees in music therapy are offered at a number of institutions of higher learning in Texas, and many graduates of these institutions go on to become contractors and operate small businesses that contribute to the economies of their community and state; and

WHEREAS, Texans from all walks of life have benefited immeasurably from the techniques used by skilled mu- sic therapists, and it is a privilege to join in commending them for the innovative services they provide; now, therefore, be it

RESOLVED, That the House of Representatives of the 84th Texas Legislature hereby recognize February 3, 2015, as Music Therapy Day in Texas and extend sincere best wishes to music therapists across the Lone Star State for success with their important work.

2015 TX H.R. 257 (NS)